



CITY OF ORLANDO
 ORLANDO RUNNERS CLUB



CULTURAL EXCHANGE

The City of Orlando and Orlando Runners Club participate in a cultural and friendship exchange each year with our sister city, Urayasu, Japan, and the Urayasu Runners Club. As part of the exchange program, four runners (one male and one female over 40 and one male and one female under 40) are selected each year to travel to Japan to run in the Tokyo Bay Urayasu City (Half) Marathon. To be eligible to participate, applicants must meet the following criteria:

- Be a member in good standing of the Orlando Runners Club or an Orlando resident willing to comply with the rules and regulations set by the Orlando Runners Club.
- Reside in the Central Florida area (Orange, Osceola, Seminole, or Lake Counties)
- Be able to complete a half marathon (13.1 miles) in two hours and thirty minutes or less
- Be at least 18 years of age and have a valid passport
- Not have previously traveled to Japan under this program
- Be willing to help the Orlando Runners Club hosting the Japanese guests during their stay in December
- Agree to represent the Orlando Runners Club, the City of Orlando and the United States as a Cultural Ambassador to improve relations and friendship between our countries, cities and clubs
- Attend a pre-trip meeting with the Orlando Runners Club to be informed of the customs, duties and responsibilities of the Orlando runners while in Japan
- Be willing to give a follow-up report to City officials (written or attend meeting)

Race Date: February 7, 2010 (Tentative)

Travel Dates: February 3 – 9, 2010 (Tentative)

Application Deadline: September 10, 2009

Name		Birth date	
Address		Gender	
City		Zip	
Phone		Cell	
Email			

